BANENPLANNING SPORTOASE

BEGIN - EIND		MAANDAG 9/11/2026						DINSDAG 10/11/2026						WOENSDAG 11/11/2026						DONDERDAG 12/11/2026						VRIJDAG 13/11/2026						ZATERDAG 14/11/2026						ZONDAG 15/11/2026					
		BODEM	1	2	3	4	5	BODEM	1	2	3	4	5	BODEM	1	2	3	4	5	BODEM	1	2	3	4	5	BODEM	1	2	3	4	5	BODEM	1	2	3	4	5	BODEM	1	2	3	4	5
8:00	8:15	123 cm						135 cm						135 cm						135 cm						123 cm						135 cm						135 cm					
8:15	8:30	123 cm						135 cm						135 cm						135 cm						123 cm						135 cm						135 cm					
8:30	8:45	123 cm						135 cm						135 cm						135 cm						123 cm						135 cm						135 cm					
8:45	9:00	123 cm						135 cm						135 cm						135 cm						123 cm						135 cm						135 cm					
9:00	9:15	123 cm						75 cm						135 cm						135 cm						123 cm						55 cm						135 cm					
9:15	9:30	123 cm						75 cm						135 cm						75 cm						123 cm	AQUASENIOR					55 cm						135 cm					
9:30	9:45	123 cm						75 cm						135 cm						75 cm						123 cm						65 cm						135 cm					
9:45	10:00	123 cm						75 cm						135 cm						75 cm						123 cm						65 cm						135 cm					
10:00	10:15	123 cm						75 cm						135 cm						75 cm						125 cm						65 cm						135 cm					
10:15	10:30	123 cm						75 cm						135 cm						75 cm						125 cm						65 cm						135 cm					
10:30	10:45	123 cm						75 cm						135 cm						75 cm						125 cm						65 cm						135 cm					
10:45	11:00	123 cm						75 cm						135 cm						75 cm						125 cm						65 cm						135 cm					
11:00	11:15	123 cm	AQUASENIOR					75 cm						135 cm						75 cm						125 cm						65 cm						135 cm					
11:15	11:30	123 cm						75 cm						135 cm						75 cm						125 cm						75 cm						135 cm					
11:30	11:45	135 cm						75 cm						135 cm						135 cm						125 cm						75 cm						135 cm					
11:45	12:00	135 cm						75 cm						135 cm						135 cm						125 cm						75 cm						135 cm					
12:00	12:15	135 cm						120 cm						135 cm						135 cm						125 cm						95 cm						135 cm					
12:15	12:30	135 cm						120 cm						135 cm						135 cm						125 cm						95 cm						135 cm					
12:30	12:45	135 cm						120 cm						135 cm						135 cm						125 cm	AQUAFIT					95 cm						135 cm					
12:45	13:00	135 cm						120 cm						135 cm						135 cm						125 cm						95 cm						135 cm					
13:00	13:15	75 cm						120 cm						135 cm						135 cm						125 cm						95 cm						135 cm					
13:15	13:30	75 cm						120 cm						135 cm						135 cm						135 cm						135 cm						135 cm					
13:30	13:45	75 cm						75 cm						135 cm						75 cm						135 cm						135 cm						135 cm					
13:45	14:00	75 cm						75 cm						135 cm						75 cm						135 cm						135 cm						135 cm					
14:00	14:15	135 cm						75 cm						135 cm						75 cm						135 cm						135 cm						135 cm					
14:15	14:30	135 cm						75 cm						135 cm						75 cm						135 cm						135 cm						135 cm					
14:30	14:45	135 cm						135 cm						135 cm						125 cm						135 cm						135 cm						135 cm					
14:45	15:00	135 cm						135 cm						135 cm						125 cm						135 cm						135 cm						135 cm					
15:00	15:15	135 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
15:15	15:30	135 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
15:30	15:45	135 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
15:45	16:00	135 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
16:00	16:15	135 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
16:15	16:30	135 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
16:30	16:45	55 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
16:45	17:00	55 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
17:00	17:15	65 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
17:15	17:30	65 cm	ZWEM-					135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
17:30	17:45	65 cm						135 cm						135 cm						125 cm						135 cm						2 m						135 cm					
17:45	18:00	75 cm	SCHOOL					135 cm						135 cm						125 cm						135 cm												135 cm					
18:00	18:15	75 cm						2 m						135 cm						125 cm						135 cm																	
18:15	18:30	75 cm						2 m						135 cm						125 cm						135 cm																	
18:30	18:45	75 cm						2 m						135 cm						125 cm						135 cm																	
18:45	19:00	125 cm						2 m						135 cm						125 cm						135 cm																	
19:00	19:15	125 cm						2 m						135 cm						125 cm						135 cm																	
19:15	19:30	125 cm	AQUABALANCE					2 m						135 cm						125 cm						135 cm																	
19:30	19:45	125 cm						2 m						135 cm						125 cm						135 cm																	
19:45	20:00	125 cm						2 m						135 cm						125 cm						135 cm																	
20:00	20:15	125 cm						2 m						135 cm						125 cm						2 m																	
20:15	20:30	125 cm	AQUAFIT					2 m						135 cm						125 cm	AQUAFIT					2 m																	
20:30	20:45	125 cm						2 m						135 cm						125 cm						2 m																	
20:45	21:00	125 cm						2 m						135 cm						125 cm						2 m																	
21:00	21:15	125 cm						2 m						135 cm						125 cm						2 m																	
21:15	21:30	125 cm						2 m						135 cm						125 cm						2 m																	
21:30	21:45	125 cm						2 m						135 cm						125 cm						2 m																	
21:45	22:00																																									

ZWEMSCHOOL (vrijdag 14/11/2026, 95 cm – 55 cm)

ZWEMSCHOOL (vrijdag 14/11/2026, 55 cm – 65 cm)

SPORTOASE GEOPEND TOT 18:00U (woensdag 11/11/2026, 18:00 – 22:00)

LEGENDE:

zwarte banen = bezet
witte banen = vrij
gekleurde banen = activiteit

BANENPLANNING SPORTOASE

BEGIN - EIND		MAANDAG 16/11/2026						BEGIN - EIND		DINSDAG 17/11/2026						BEGIN - EIND		WOENSDAG 18/11/2026						BEGIN - EIND		DONDERDAG 19/11/2026						BEGIN - EIND		VRIJDAG 20/11/2026						BEGIN - EIND		ZATERDAG 21/11/2026						BEGIN - EIND		ZONDAG 22/11/2026					
		BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm					
8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm					
8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm					
8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm					
9:00	9:15	123 cm						9:00	9:15	75 cm						9:00	9:15	75 cm						9:00	9:15	135 cm						9:00	9:15	123 cm						9:00	9:15	55 cm						9:00	9:15	2 m					
9:15	9:30	123 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	123 cm						9:15	9:30	55 cm						9:15	9:30	2 m					
9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	123 cm						9:30	9:45	65 cm						9:30	9:45	2 m					
9:45	10:00	123 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	123 cm						9:45	10:00	65 cm						9:45	10:00	2 m					
10:00	10:15	123 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	125 cm						10:00	10:15	65 cm						10:00	10:15	2 m					
10:15	10:30	123 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	125 cm						10:15	10:30	65 cm						10:15	10:30	2 m					
10:30	10:45	123 cm						10:30	10:45	75 cm						10:30	10:45	100 cm						10:30	10:45	75 cm						10:30	10:45	125 cm						10:30	10:45	65 cm						10:30	10:45	2 m					
10:45	11:00	123 cm	AQUASENIOR					10:45	11:00	75 cm						10:45	11:00	100 cm						10:45	11:00	75 cm						10:45	11:00	125 cm						10:45	11:00	65 cm						10:45	11:00	2 m					
11:00	11:15	123 cm						11:00	11:15	75 cm						11:00	11:15	100 cm						11:00	11:15	75 cm						11:00	11:15	125 cm						11:00	11:15	65 cm						11:00	11:15	135 cm					
11:15	11:30	123 cm						11:15	11:30	75 cm						11:15	11:30	100 cm						11:15	11:30	75 cm						11:15	11:30	125 cm						11:15	11:30	75 cm						11:15	11:30	135 cm					
11:30	11:45	135 cm						11:30	11:45	75 cm						11:30	11:45	135 cm						11:30	11:45	135 cm						11:30	11:45	125 cm						11:30	11:45	75 cm						11:30	11:45	135 cm					
11:45	12:00	135 cm						11:45	12:00	75 cm						11:45	12:00	135 cm						11:45	12:00	135 cm						11:45	12:00	125 cm						11:45	12:00	75 cm						11:45	12:00	135 cm					
12:00	12:15	135 cm						12:00	12:15	120 cm						12:00	12:15	135 cm						12:00	12:15	135 cm						12:00	12:15	125 cm						12:00	12:15	95 cm						12:00	12:15	135 cm					
12:15	12:30	135 cm						12:15	12:30	120 cm						12:15	12:30	135 cm						12:15	12:30	135 cm						12:15	12:30	125 cm						12:15	12:30	95 cm						12:15	12:30	135 cm					
12:30	12:45	135 cm						12:30	12:45	120 cm						12:30	12:45	135 cm						12:30	12:45	135 cm						12:30	12:45	125 cm	AQUAFIT					12:30	12:45	95 cm						12:30	12:45	135 cm					
12:45	13:00	135 cm						12:45	13:00	120 cm						12:45	13:00	135 cm						12:45	13:00	135 cm						12:45	13:00	125 cm						12:45	13:00	95 cm						12:45	13:00	135 cm					
13:00	13:15	75 cm						13:00	13:15	120 cm						13:00	13:15	135 cm						13:00	13:15	135 cm						13:00	13:15	125 cm						13:00	13:15	95 cm						13:00	13:15	135 cm					
13:15	13:30	75 cm						13:15	13:30	120 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm					
13:30	13:45	75 cm						13:30	13:45	75 cm						13:30	13:45	135 cm						13:30	13:45	75 cm						13:30	13:45	135 cm						13:30	13:45	135 cm						13:30	13:45	135 cm					
13:45	14:00	75 cm						13:45	14:00	75 cm						13:45	14:00	135 cm						13:45	14:00	75 cm						13:45	14:00	135 cm						13:45	14:00	135 cm						13:45	14:00	135 cm					
14:00	14:15	135 cm						14:00	14:15	75 cm						14:00	14:15	65 cm						14:00	14:15	75 cm						14:00	14:15	135 cm						14:00	14:15	135 cm						14:00	14:15	135 cm					
14:15	14:30	135 cm						14:15	14:30	75 cm						14:15	14:30	65 cm						14:15	14:30	75 cm						14:15	14:30	135 cm						14:15	14:30	135 cm						14:15	14:30	135 cm					
14:30	14:45	135 cm						14:30	14:45	135 cm						14:30	14:45	65 cm						14:30	14:45	125 cm						14:30	14:45	135 cm						14:30	14:45	135 cm						14:30	14:45	135 cm					
14:45	15:00	135 cm						14:45	15:00	135 cm						14:45	15:00	65 cm						14:45	15:00	125 cm						14:45	15:00	135 cm						14:45	15:00	135 cm						14:45	15:00	135 cm					
15:00	15:15	135 cm						15:00	15:15	135 cm						15:00	15:15	65 cm						15:00	15:15	125 cm						15:00	15:15	135 cm						15:00	15:15	2 m						15:00	15:15	135 cm					
15:15	15:30	135 cm						15:15	15:30	135 cm						15:15	15:30	65 cm						15:15	15:30	125 cm						15:15	15:30	135 cm						15:15	15:30	2 m						15:15	15:30	135 cm					
15:30	15:45	135 cm						15:30	15:45	135 cm						15:30	15:45	75 cm						15:30	15:45	125 cm						15:30	15:45	135 cm						15:30	15:45	2 m						15:30	15:45	135 cm					
15:45	16:00	135 cm						15:45	16:00	135 cm						15:45	16:00	75 cm						15:45	16:00	125 cm						15:45	16:00	135 cm						15:45	16:00	2 m						15:45	16:00	135 cm					
16:00	16:15	135 cm						16:00	16:15	135 cm						16:00	16:15	75 cm						16:00	16:15	125 cm						16:00	16:15	135 cm						16:00	16:15	2 m						16:00	16:15	135 cm					
16:15	16:30	135 cm						16:15	16:30	135 cm						16:15	16:30	75 cm						16:15	16:30	125 cm						16:15	16:30	135 cm						16:15	16:30	2 m						16:15	16:30	135 cm					
16:30	16:45	55 cm						16:30	16:45	135 cm						16:30	16:45	95 cm						16:30	16:45	125 cm						16:30	16:45	135 cm						16:30	16:45	2 m						16:30	16:45	135 cm					
16:45	17:00	55 cm						16:45	17:00	135 cm						16:45	17:00	95 cm						16:45	17:00	125 cm						16:45	17:00	135 cm						16:45	17:00	2 m						16:45	17:00	135 cm					
17:00	17:15	65 cm						17:00	17:15	135 cm						17:00	17:15	95 cm						17:00	17:15	125 cm						17:00	17:15	135 cm						17:00	17:15	2 m						17:00	17:15	135 cm					
17:15	17:30	65 cm	ZWEM-SCHOOL			ZWEM-SCHOOL		17:15	17:30	135 cm						17:15	17:30	135 cm						17:15	17:30	125 cm						17:15	17:30	135 cm						17:15	17:30	2 m						17:15	17:30	135 cm					
17:30	17:45	65 cm						17:30	17:45	135 cm						17:30	17:45	135 cm						17:30	17:45	125 cm						17:30	17:45	135 cm						17:30	17:45	2 m						17:30	17:45	135 cm					
17:45	18:00	75 cm						17:45	18:00	135 cm						17:45	18:00	135 cm						17:45	18:00	125 cm						17:45	18:00	135 cm						17:45	18:00							17:45	18:00	135 cm					
18:00	18:15	75 cm						18:00	18:15	2 m						18:00	18:15	135 cm						18:00	18:15	125 cm						18:00	18:15	135 cm																			
18:15	18:30	75 cm						18:15	18:30	2 m						18:15	18:30	135 cm						18:15	18:30	125 cm						18:15	18:30	135 cm																			
18:30	18:45	75 cm						18:30	18:45	2 m						18:30	18:45	135 cm						18:30	18:45	125 cm						18:30	18:45	135 cm																			
18:45	19:00	125 cm						18:45	19:00	2 m						18:45	19:00	135 cm						18:45	19:00	125 cm						18:45	19:00	135 cm																			
19:00	19:15	125 cm						19:00	19:15	2 m						19:00	19:15	135 cm						19:00	19:15	125 cm						19:00	19:15	135 cm																			
19:15	19:30	125 cm	AQUABALANCE					19:15	19:30	2 m						19:15	19:30	135 cm						19:15	19:30	125 cm						19:15	19:30	135 cm																			
19:30	19:45	125 cm						19:30	19:45	2 m						19:30	19:45	135 cm						19:30	19:45	125 cm						19:30	19:45	135 cm																			
19:45	20:00	125 cm						19:45	20:00	2 m						19:45	20:00	135 cm						19:45	20:00	125 cm						19:45	20:00	135 cm																			
20:00	20:15	125 cm						20:00	20:15	2 m						20:00	20:15	135 cm						20:00	20:15	125 cm						20:00	20:15	2 m																			
20:15	20:30	125 cm	AQUAFIT					20:15	20:30	2 m						20:15	20:30	135 cm						20:15	20:30	125 cm	AQUAFIT					20:15	20:30	2 m																			
20:30	20:45	125 cm						20:30	20:45	2 m						20:30	20:45	135 cm						20:30	20:45	125 cm						20:30	20:45	2 m																			
20:45	21:00	125 cm						20:45	21:00	2 m						20:45	21:00	135 cm						20:45	21:00	125 cm						20:45	21:00	2 m																			
21:00	21:15	125 cm						21:00	21:15	2 m						21:00	21:15	135 cm						21:00	21:15	125 cm						21:00	21:15	2 m																			
21:15	21:30	125 cm						21:15	21:30	2 m						21:15	21:30	135 cm						21:15	21:30	125 cm						21:15	21:30	2 m																			
21:30	21:45	125 cm						21:30	21:45	2 m						21:30	21:45	135 cm						21:30	21:45	125 cm						21:30	21:45	2 m																			
21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00																		

LEGENDE:

zwarte banen = bezet
witte banen = vrij
gekleurde banen = activiteit

BANENPLANNING SPORTOASE

BEGIN - EIND		MAANDAG 23/11/2026						BEGIN - EIND		DINSDAG 24/11/2026						BEGIN - EIND		WOENSDAG 25/11/2026						BEGIN - EIND		DONDERDAG 26/11/2026						BEGIN - EIND		VRIJDAG 27/11/2026						BEGIN - EIND		ZATERDAG 28/11/2026						BEGIN - EIND		ZONDAG 29/11/2026					
		BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm					
8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm					
8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm					
8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm					
9:00	9:15	123 cm						9:00	9:15	75 cm						9:00	9:15	75 cm						9:00	9:15	135 cm						9:00	9:15	123 cm						9:00	9:15	55 cm						9:00	9:15	135 cm					
9:15	9:30	123 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	123 cm						9:15	9:30	55 cm						9:15	9:30	135 cm					
9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	123 cm						9:30	9:45	65 cm						9:30	9:45	135 cm					
9:45	10:00	123 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	123 cm						9:45	10:00	65 cm						9:45	10:00	135 cm					
10:00	10:15	123 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	125 cm						10:00	10:15	65 cm						10:00	10:15	135 cm					
10:15	10:30	123 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	125 cm						10:15	10:30	65 cm						10:15	10:30	135 cm					
10:30	10:45	123 cm						10:30	10:45	75 cm						10:30	10:45	135 cm						10:30	10:45	75 cm						10:30	10:45	125 cm						10:30	10:45	65 cm						10:30	10:45	135 cm					
10:45	11:00	123 cm	AQUASENIOR					10:45	11:00	75 cm						10:45	11:00	135 cm						10:45	11:00	75 cm						10:45	11:00	125 cm						10:45	11:00	65 cm						10:45	11:00	135 cm					
11:00	11:15	123 cm						11:00	11:15	75 cm						11:00	11:15	135 cm						11:00	11:15	75 cm						11:00	11:15	125 cm						11:00	11:15	65 cm						11:00	11:15	135 cm					
11:15	11:30	123 cm						11:15	11:30	75 cm						11:15	11:30	135 cm						11:15	11:30	75 cm						11:15	11:30	125 cm						11:15	11:30	75 cm						11:15	11:30	135 cm					
11:30	11:45	135 cm						11:30	11:45	75 cm						11:30	11:45	135 cm						11:30	11:45	135 cm						11:30	11:45	125 cm						11:30	11:45	75 cm						11:30	11:45	135 cm					
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12:00	12:15	135 cm						12:00	12:15	120 cm						12:00	12:15	135 cm						12:00	12:15	135 cm						12:00	12:15	125 cm						12:00	12:15	95 cm						12:00	12:15	135 cm					
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12:30	12:45	135 cm						12:30	12:45	120 cm						12:30	12:45	135 cm						12:30	12:45	135 cm						12:30	12:45	125 cm	AQUAFIT					12:30	12:45	95 cm						12:30	12:45	135 cm					
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15:45	16:00	135 cm						15:45	16:00	2 m						15:45	16:00	75 cm						15:45	16:00	125 cm						15:45	16:00	135 cm						15:45	16:00	2 m						15:45	16:00	135 cm					
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17:15	17:30	65 cm	ZWEM-SCHOOL			ZWEM-SCHOOL		17:15	17:30	135 cm						17:15	17:30	135 cm						17:15	17:30	125 cm						17:15	17:30	135 cm						17:15	17:30	2 m						17:15	17:30	135 cm					
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20:45	21:00	125 cm						20:45	21:00	2 m						20:45	21:00	135 cm						20:45	21:00	125 cm						20:45	21:00	2 m																			
21:00	21:15	125 cm						21:00	21:15	2 m						21:00	21:15	135 cm						21:00	21:15	125 cm						21:00	21:15	2 m																			
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21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00																		

ZWEMSCHOOL

ZWEMSCHOOL

ZWEMSCHOOL

LEGENDE:

zwarte banen = bezet
witte banen = vrij
gekleurde banen = activiteit

BANENPLANNING SPORTOASE

BEGIN - EIND		MAANDAG 30/11/2026						BEGIN - EIND		DINSDAG 1/12/2026						BEGIN - EIND		WOENSDAG 2/12/2026						BEGIN - EIND		DONDERDAG 3/12/2026						BEGIN - EIND		VRIJDAG 4/12/2026						BEGIN - EIND		ZATERDAG 5/12/2026						BEGIN - EIND		ZONDAG 6/12/2026					
		BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm					
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20:15	20:30	125 cm	AQUAFIT					20:15	20:30	2 m						20:15	20:30	135 cm						20:15	20:30	125 cm	AQUAFIT					20:15	20:30	2 m																			
20:30	20:45	125 cm						20:30	20:45	2 m						20:30	20:45	135 cm						20:30	20:45	125 cm						20:30	20:45	2 m																			
20:45	21:00	125 cm						20:45	21:00	2 m						20:45	21:00	135 cm						20:45	21:00	125 cm						20:45	21:00	2 m																			
21:00	21:15	125 cm						21:00	21:15	2 m						21:00	21:15	135 cm						21:00	21:15	125 cm						21:00	21:15	2 m																			
21:15	21:30	125 cm						21:15	21:30	2 m						21:15	21:30	135 cm						21:15	21:30	125 cm						21:15	21:30	2 m																			
21:30	21:45	125 cm						21:30	21:45	2 m						21:30	21:45	135 cm						21:30	21:45	125 cm						21:30	21:45	2 m																			
21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00																		

ZWEMSCHOOL

ZWEMSCHOOL

ZWEMSCHOOL

ZWEMSCHOOL

LEGENDE:

zwarte banen = bezet
witte banen = vrij
gekleurde banen = activiteit

BANENPLANNING SPORTOASE

BEGIN - EIND		MAANDAG 7/12/2026						BEGIN - EIND		DINSDAG 8/12/2026						BEGIN - EIND		WOENSDAG 9/12/2026						BEGIN - EIND		DONDERDAG 10/12/2026						BEGIN - EIND		VRIJDAG 11/12/2026						BEGIN - EIND		ZATERDAG 12/12/2026						BEGIN - EIND		ZONDAG 13/12/2026					
		BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5			BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm					
8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm					
8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm					
8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm					
9:00	9:15	123 cm						9:00	9:15	75 cm						9:00	9:15	75 cm						9:00	9:15	135 cm						9:00	9:15	123 cm						9:00	9:15	55 cm						9:00	9:15	135 cm					
9:15	9:30	123 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	123 cm						9:15	9:30	55 cm						9:15	9:30	135 cm					
9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	123 cm						9:30	9:45	65 cm						9:30	9:45	135 cm					
9:45	10:00	123 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	123 cm						9:45	10:00	65 cm						9:45	10:00	135 cm					
10:00	10:15	123 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	125 cm						10:00	10:15	65 cm						10:00	10:15	135 cm					
10:15	10:30	123 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	125 cm						10:15	10:30	65 cm						10:15	10:30	135 cm					
10:30	10:45	123 cm						10:30	10:45	75 cm						10:30	10:45	135 cm						10:30	10:45	75 cm						10:30	10:45	125 cm						10:30	10:45	65 cm						10:30	10:45	135 cm					
10:45	11:00	123 cm	AQUASENIOR					10:45	11:00	75 cm						10:45	11:00	135 cm						10:45	11:00	75 cm						10:45	11:00	125 cm						10:45	11:00	65 cm						10:45	11:00	135 cm					
11:00	11:15	123 cm						11:00	11:15	75 cm						11:00	11:15	135 cm						11:00	11:15	75 cm						11:00	11:15	125 cm						11:00	11:15	65 cm						11:00	11:15	135 cm					
11:15	11:30	123 cm						11:15	11:30	75 cm						11:15	11:30	135 cm						11:15	11:30	75 cm						11:15	11:30	125 cm						11:15	11:30	75 cm						11:15	11:30	135 cm					
11:30	11:45	135 cm						11:30	11:45	75 cm						11:30	11:45	135 cm						11:30	11:45	135 cm						11:30	11:45	125 cm						11:30	11:45	75 cm						11:30	11:45	135 cm					
11:45	12:00	135 cm						11:45	12:00	75 cm						11:45	12:00	135 cm						11:45	12:00	135 cm						11:45	12:00	125 cm						11:45	12:00	75 cm						11:45	12:00	135 cm					
12:00	12:15	135 cm						12:00	12:15	120 cm						12:00	12:15	135 cm						12:00	12:15	135 cm						12:00	12:15	125 cm						12:00	12:15	95 cm						12:00	12:15	135 cm					
12:15	12:30	135 cm						12:15	12:30	120 cm						12:15	12:30	135 cm						12:15	12:30	135 cm						12:15	12:30	125 cm						12:15	12:30	95 cm						12:15	12:30	135 cm					
12:30	12:45	135 cm						12:30	12:45	120 cm						12:30	12:45	135 cm						12:30	12:45	135 cm						12:30	12:45	125 cm	AQUAFIT					12:30	12:45	95 cm						12:30	12:45	135 cm					
12:45	13:00	135 cm						12:45	13:00	120 cm						12:45	13:00	135 cm						12:45	13:00	135 cm						12:45	13:00	125 cm						12:45	13:00	95 cm						12:45	13:00	135 cm					
13:00	13:15	75 cm						13:00	13:15	120 cm						13:00	13:15	135 cm						13:00	13:15	135 cm						13:00	13:15	125 cm						13:00	13:15	95 cm						13:00	13:15	135 cm					
13:15	13:30	75 cm						13:15	13:30	120 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm					
13:30	13:45	75 cm						13:30	13:45	75 cm						13:30	13:45	135 cm						13:30	13:45	75 cm						13:30	13:45	135 cm						13:30	13:45	135 cm						13:30	13:45	135 cm					
13:45	14:00	75 cm						13:45	14:00	75 cm						13:45	14:00	135 cm						13:45	14:00	75 cm						13:45	14:00	135 cm						13:45	14:00	135 cm						13:45	14:00	135 cm					
14:00	14:15	135 cm						14:00	14:15	75 cm						14:00	14:15	65 cm						14:00	14:15	75 cm						14:00	14:15	135 cm						14:00	14:15	135 cm						14:00	14:15	135 cm					
14:15	14:30	135 cm						14:15	14:30	75 cm						14:15	14:30	65 cm						14:15	14:30	75 cm						14:15	14:30	135 cm						14:15	14:30	135 cm						14:15	14:30	135 cm					
14:30	14:45	135 cm						14:30	14:45	135 cm						14:30	14:45	65 cm						14:30	14:45	125 cm						14:30	14:45	135 cm						14:30	14:45	135 cm						14:30	14:45	135 cm					
14:45	15:00	135 cm						14:45	15:00	135 cm						14:45	15:00	65 cm						14:45	15:00	125 cm						14:45	15:00	135 cm						14:45	15:00	135 cm						14:45	15:00	135 cm					
15:00	15:15	135 cm						15:00	15:15	135 cm						15:00	15:15	65 cm						15:00	15:15	125 cm						15:00	15:15	135 cm						15:00	15:15	2 m						15:00	15:15	135 cm					
15:15	15:30	135 cm						15:15	15:30	135 cm						15:15	15:30	65 cm						15:15	15:30	125 cm						15:15	15:30	135 cm						15:15	15:30	2 m						15:15	15:30	135 cm					
15:30	15:45	135 cm						15:30	15:45	135 cm						15:30	15:45	75 cm						15:30	15:45	125 cm						15:30	15:45	135 cm						15:30	15:45	2 m						15:30	15:45	135 cm					
15:45	16:00	135 cm						15:45	16:00	135 cm						15:45	16:00	75 cm						15:45	16:00	125 cm						15:45	16:00	135 cm						15:45	16:00	2 m						15:45	16:00	135 cm					
16:00	16:15	135 cm						16:00	16:15	135 cm						16:00	16:15	75 cm						16:00	16:15	125 cm						16:00	16:15	135 cm						16:00	16:15	2 m						16:00	16:15	135 cm					
16:15	16:30	135 cm						16:15	16:30	135 cm						16:15	16:30	75 cm						16:15	16:30	125 cm						16:15	16:30	135 cm						16:15	16:30	2 m						16:15	16:30	135 cm					
16:30	16:45	55 cm						16:30	16:45	135 cm						16:30	16:45	95 cm						16:30	16:45	125 cm						16:30	16:45	135 cm						16:30	16:45	2 m						16:30	16:45	135 cm					
16:45	17:00	55 cm						16:45	17:00	135 cm						16:45	17:00	95 cm						16:45	17:00	125 cm						16:45	17:00	135 cm						16:45	17:00	2 m						16:45	17:00	135 cm					
17:00	17:15	65 cm						17:00	17:15	135 cm						17:00	17:15	95 cm						17:00	17:15	125 cm						17:00	17:15	135 cm						17:00	17:15	2 m						17:00	17:15	135 cm					
17:15	17:30	65 cm	ZWEM-SCHOOL			ZWEM-SCHOOL		17:15	17:30	135 cm						17:15	17:30	135 cm						17:15	17:30	125 cm						17:15	17:30	135 cm						17:15	17:30	2 m						17:15	17:30	135 cm					
17:30	17:45	65 cm						17:30	17:45	135 cm						17:30	17:45	135 cm						17:30	17:45	125 cm						17:30	17:45	135 cm						17:30	17:45	2 m						17:30	17:45	135 cm					
17:45	18:00	75 cm						17:45	18:00	135 cm						17:45	18:00	135 cm						17:45	18:00	125 cm						17:45	18:00	135 cm						17:45	18:00	2 m						17:45	18:00	135 cm					
18:00	18:15	75 cm						18:00	18:15	2 m						18:00	18:15	135 cm						18:00	18:15	125 cm						18:00	18:15	135 cm																			
18:15	18:30	75 cm						18:15	18:30	2 m						18:15	18:30	135 cm						18:15	18:30	125 cm						18:15	18:30	135 cm																			
18:30	18:45	75 cm						18:30	18:45	2 m						18:30	18:45	135 cm						18:30	18:45	125 cm						18:30	18:45	135 cm																			
18:45	19:00	125 cm						18:45	19:00	2 m						18:45	19:00	135 cm						18:45	19:00	125 cm						18:45	19:00	135 cm																			
19:00	19:15	125 cm						19:00	19:15	2 m						19:00	19:15	135 cm						19:00	19:15	125 cm						19:00	19:15	135 cm																			
19:15	19:30	125 cm	AQUABALANCE					19:15	19:30	2 m						19:15	19:30	135 cm						19:15	19:30	125 cm						19:15	19:30	135 cm																			
19:30	19:45	125 cm						19:30	19:45	2 m						19:30	19:45	135 cm						19:30	19:45	125 cm						19:30	19:45	135 cm																			
19:45	20:00	125 cm						19:45	20:00	2 m						19:45	20:00	135 cm						19:45	20:00	125 cm						19:45	20:00	135 cm																			
20:00	20:15	125 cm						20:00	20:15	2 m						20:00	20:15	135 cm						20:00	20:15	125 cm						20:00	20:15	2 m																			
20:15	20:30	125 cm	AQUAFIT					20:15	20:30	2 m						20:15	20:30	135 cm						20:15	20:30	125 cm	AQUAFIT					20:15	20:30	2 m																			
20:30	20:45	125 cm						20:30	20:45	2 m						20:30	20:45	135 cm						20:30	20:45	125 cm						20:30	20:45	2 m																			
20:45	21:00	125 cm						20:45	21:00	2 m						20:45	21:00	135 cm						20:45	21:00	125 cm						20:45	21:00	2 m																			
21:00	21:15	125 cm						21:00	21:15	2 m						21:00	21:15	135 cm						21:00	21:15	125 cm						21:00	21:15	2 m																			
21:15	21:30	125 cm						21:15	21:30	2 m						21:15	21:30	135 cm						21:15	21:30	125 cm						21:15	21:30	2 m																			
21:30	21:45	125 cm						21:30	21:45	2 m						21:30	21:45	135 cm						21:30	21:45	125 cm						21:30	21:45	2 m																			
21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00							21:45	22:00																		

LEGENDE:

zwarte banen = bezet
witte banen = vrij
gekleurde banen = activiteit

BANENPLANNING SPORTOASE

BEGIN	EIND	MAANDAG 14/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	123 cm					
8:15	8:30	123 cm					
8:30	8:45	123 cm					
8:45	9:00	123 cm					
9:00	9:15	123 cm					
9:15	9:30	123 cm					
9:30	9:45	123 cm					
9:45	10:00	123 cm					
10:00	10:15	123 cm					
10:15	10:30	123 cm					
10:30	10:45	123 cm					
10:45	11:00	123 cm	AQUASENIOR				
11:00	11:15	123 cm	AQUASENIOR				
11:15	11:30	123 cm	AQUASENIOR				
11:30	11:45	135 cm					
11:45	12:00	135 cm					
12:00	12:15	135 cm					
12:15	12:30	135 cm					
12:30	12:45	135 cm					
12:45	13:00	135 cm					
13:00	13:15	75 cm					
13:15	13:30	75 cm					
13:30	13:45	75 cm					
13:45	14:00	75 cm					
14:00	14:15	135 cm					
14:15	14:30	135 cm					
14:30	14:45	135 cm					
14:45	15:00	135 cm					
15:00	15:15	135 cm					
15:15	15:30	135 cm					
15:30	15:45	135 cm					
15:45	16:00	135 cm					
16:00	16:15	135 cm					
16:15	16:30	135 cm					
16:30	16:45	135 cm					
16:45	17:00	135 cm					
17:00	17:15	135 cm					
17:15	17:30	135 cm					
17:30	17:45	135 cm					
17:45	18:00	135 cm					
18:00	18:15	135 cm					
18:15	18:30	135 cm					
18:30	18:45	135 cm					
18:45	19:00	125 cm					
19:00	19:15	125 cm					
19:15	19:30	125 cm	AQUABALANCE				
19:30	19:45	125 cm	AQUABALANCE				
19:45	20:00	125 cm	AQUABALANCE				
20:00	20:15	125 cm					
20:15	20:30	125 cm	AQUAFIT				
20:30	20:45	125 cm	AQUAFIT				
20:45	21:00	125 cm	AQUAFIT				
21:00	21:15	125 cm					
21:15	21:30	125 cm					
21:30	21:45	125 cm					
21:45	22:00						

BEGIN	EIND	DINSDAG 15/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	135 cm					
8:15	8:30	135 cm					
8:30	8:45	135 cm					
8:45	9:00	135 cm					
9:00	9:15	75 cm					
9:15	9:30	75 cm					
9:30	9:45	75 cm					
9:45	10:00	75 cm					
10:00	10:15	75 cm					
10:15	10:30	75 cm					
10:30	10:45	75 cm					
10:45	11:00	75 cm					
11:00	11:15	75 cm					
11:15	11:30	75 cm					
11:30	11:45	75 cm					
11:45	12:00	75 cm					
12:00	12:15	120 cm					
12:15	12:30	120 cm					
12:30	12:45	120 cm					
12:45	13:00	120 cm					
13:00	13:15	120 cm					
13:15	13:30	120 cm					
13:30	13:45	75 cm					
13:45	14:00	75 cm					
14:00	14:15	75 cm					
14:15	14:30	75 cm					
14:30	14:45	135 cm					
14:45	15:00	135 cm					
15:00	15:15	2 m					
15:15	15:30	2 m					
15:30	15:45	2 m					
15:45	16:00	2 m					
16:00	16:15	135 cm					
16:15	16:30	135 cm					
16:30	16:45	135 cm					
16:45	17:00	135 cm					
17:00	17:15	135 cm					
17:15	17:30	135 cm					
17:30	17:45	135 cm					
17:45	18:00	135 cm					
18:00	18:15	2 m					
18:15	18:30	2 m					
18:30	18:45	2 m					
18:45	19:00	2 m					
19:00	19:15	2 m					
19:15	19:30	2 m					
19:30	19:45	2 m					
19:45	20:00	2 m					
20:00	20:15	2 m					
20:15	20:30	2 m					
20:30	20:45	2 m					
20:45	21:00	2 m					
21:00	21:15	2 m					
21:15	21:30	2 m					
21:30	21:45	2 m					
21:45	22:00						

BEGIN	EIND	WOENSDAG 16/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	135 cm					
8:15	8:30	135 cm					
8:30	8:45	135 cm					
8:45	9:00	135 cm					
9:00	9:15	75 cm					
9:15	9:30	75 cm					
9:30	9:45	75 cm					
9:45	10:00	75 cm					
10:00	10:15	75 cm					
10:15	10:30	75 cm					
10:30	10:45	135 cm					
10:45	11:00	135 cm					
11:00	11:15	135 cm					
11:15	11:30	135 cm					
11:30	11:45	135 cm					
11:45	12:00	135 cm					
12:00	12:15	135 cm					
12:15	12:30	135 cm					
12:30	12:45	135 cm					
12:45	13:00	135 cm					
13:00	13:15	135 cm					
13:15	13:30	135 cm					
13:30	13:45	135 cm					
13:45	14:00	135 cm					
14:00	14:15	65 cm					
14:15	14:30	65 cm					
14:30	14:45	65 cm					
14:45	15:00	65 cm					
15:00	15:15	65 cm					
15:15	15:30	65 cm					
15:30	15:45	75 cm					
15:45	16:00	75 cm					
16:00	16:15	75 cm					
16:15	16:30	75 cm					
16:30	16:45	95 cm					
16:45	17:00	95 cm					
17:00	17:15	95 cm					
17:15	17:30	135 cm					
17:30	17:45	135 cm					
17:45	18:00	135 cm					
18:00	18:15	135 cm					
18:15	18:30	135 cm					
18:30	18:45	135 cm					
18:45	19:00	135 cm					
19:00	19:15	135 cm					
19:15	19:30	135 cm					
19:30	19:45	135 cm					
19:45	20:00	135 cm					
20:00	20:15	135 cm					
20:15	20:30	135 cm					
20:30	20:45	135 cm					
20:45	21:00	135 cm					
21:00	21:15	135 cm					
21:15	21:30	135 cm					
21:30	21:45	135 cm					
21:45	22:00						

ZWEMSCHOOL

BEGIN	EIND	DONDERDAG 17/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	135 cm					
8:15	8:30	135 cm					
8:30	8:45	135 cm					
8:45	9:00	135 cm					
9:00	9:15	135 cm					
9:15	9:30	75 cm					
9:30	9:45	75 cm					
9:45	10:00	75 cm					
10:00	10:15	75 cm					
10:15	10:30	75 cm					
10:30	10:45	75 cm					
10:45	11:00	75 cm					
11:00	11:15	75 cm					
11:15	11:30	75 cm					
11:30	11:45	135 cm					
11:45	12:00	135 cm					
12:00	12:15	135 cm					
12:15	12:30	135 cm					
12:30	12:45	135 cm					
12:45	13:00	135 cm					
13:00	13:15	135 cm					
13:15	13:30	135 cm					
13:30	13:45	75 cm					
13:45	14:00	75 cm					
14:00	14:15	75 cm					
14:15	14:30	75 cm					
14:30	14:45	125 cm					
14:45	15:00	125 cm					
15:00	15:15	125 cm					
15:15	15:30	125 cm					
15:30	15:45	125 cm					
15:45	16:00	125 cm					
16:00	16:15	125 cm					
16:15	16:30	125 cm					
16:30	16:45	125 cm					
16:45	17:00	125 cm					
17:00	17:15	125 cm					
17:15	17:30	125 cm					
17:30	17:45	125 cm					
17:45	18:00	125 cm					
18:00	18:15	125 cm					
18:15	18:30	125 cm					
18:30	18:45	125 cm					
18:45	19:00	125 cm					
19:00	19:15	125 cm					
19:15	19:30	125 cm					
19:30	19:45	125 cm					
19:45	20:00	125 cm					
20:00	20:15	125 cm					
20:15	20:30	125 cm	AQUAFIT				
20:30	20:45	125 cm	AQUAFIT				
20:45	21:00	125 cm	AQUAFIT				
21:00	21:15	125 cm					
21:15	21:30	125 cm					
21:30	21:45	125 cm					
21:45	22:00						

BEGIN	EIND	VRIJDAG 18/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	123 cm					
8:15	8:30	123 cm					
8:30	8:45	123 cm					
8:45	9:00	123 cm					
9:00	9:15	123 cm					
9:15	9:30	123 cm	AQUASENIOR	AQUASENIOR			
9:30	9:45	123 cm	AQUASENIOR	AQUASENIOR			
9:45	10:00	123 cm	AQUASENIOR	AQUASENIOR			
10:00	10:15	125 cm					
10:15	10:30	125 cm					
10:30	10:45	125 cm					
10:45	11:00	125 cm					
11:00	11:15	125 cm					
11:15	11:30	125 cm					
11:30	11:45	125 cm					
11:45	12:00	125 cm					
12:00	12:15	125 cm					
12:15	12:30	125 cm					
12:30	12:45	125 cm					
12:45	13:00	125 cm	AQUAFIT	AQUAFIT			
13:00	13:15	125 cm	AQUAFIT	AQUAFIT			
13:15	13:30	135 cm					
13:30	13:45	135 cm					
13:45	14:00	135 cm					
14:00	14:15	135 cm					
14:15	14:30	135 cm					
14:30	14:45	135 cm					
14:45	15:00	135 cm					
15:00	15:15	135 cm					
15:15	15:30	135 cm					
15:30	15:45	135 cm					
15:45	16:00	135 cm					
16:00	16:15	135 cm					
16:15	16:30	135 cm					
16:30	16:45	135 cm					
16:45	17:00	135 cm					
17:00	17:15	135 cm					
17:15	17:30	135 cm					
17:30	17:45	135 cm					
17:45	18:00	135 cm					
18:00	18:15	135 cm					
18:15	18:30	135 cm					
18:30	18:45	135 cm					
18:45	19:00	135 cm					
19:00	19:15	135 cm					
19:15	19:30	135 cm					
19:30	19:45	135 cm					
19:45	20:00	135 cm					
20:00	20:15	2 m					
20:15	20:30	2 m					
20:30	20:45	2 m					
20:45	21:00	2 m					
21:00	21:15	2 m					
21:15	21:30	2 m					
21:30	21:45	2 m					
21:45	22:00						

BEGIN	EIND	ZATERDAG 19/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	135 cm					
8:15	8:30	135 cm					
8:30	8:45	135 cm					
8:45	9:00	135 cm					
9:00	9:15	135 cm					
9:15	9:30	135 cm					
9:30	9:45	135 cm					
9:45	10:00	135 cm					
10:00	10:15	135 cm					
10:15	10:30	135 cm					
10:30	10:45	135 cm					
10:45	11:00	135 cm					
11:00	11:15	135 cm					
11:15	11:30	135 cm					
11:30	11:45	135 cm					
11:45	12:00	135 cm					
12:00	12:15	135 cm					
12:15	12:30	135 cm					
12:30	12:45	135 cm					
12:45	13:00	135 cm					
13:00	13:15	135 cm					
13:15	13:30	135 cm					
13:30	13:45	135 cm					
13:45	14:00	135 cm					
14:00	14:15	135 cm					
14:15	14:30	135 cm					
14:30	14:45	135 cm					
14:45	15:00	135 cm					
15:00	15:15	2 m					
15:15	15:30	2 m					
15:30	15:45	2 m					
15:45	16:00	2 m					
16:00	16:15	2 m					
16:15	16:30	2 m					
16:30	16:45	2 m					
16:45	17:00	2 m					
17:00	17:15	2 m					
17:15	17:30	2 m					
17:30	17:45	2 m					
17:45	18:00						

BEGIN	EIND	ZONDAG 20/12/2026	1	2	3	4	5
		BODEM					
8:00	8:15	135 cm					
8:15	8:30	135 cm					
8:30	8:45	2 m					
8:45	9:00	2 m					
9:00	9:15	2 m					
9:15	9:30	2 m					
9:30	9:45	2 m					
9:45	10:00	2 m					
10:00	10:15	65 cm					
10:15	10:30	65 cm					
10:30	10:45	65 cm					
10:45	11:00	65 cm					
11:00	11:15	65 cm					
11:15	11:30	65 cm					
11:30	11:45	65 cm					
11:45	12:00	65 cm					
12:00	12:15	65 cm					
12:15	12:30	65 cm					
12:30	12:45	65 cm					
12:45	13:00	65 cm					
13:00	13:15	65 cm					
13:15	13:30	65 cm					
13:30	13:45	65 cm					
13:45	14:00	65 cm					
14:00	14:15	65 cm					
14:15	14:30	65 cm					
14:30	14:45	65 cm					
14:45	15:00	65 cm					
15:00	15:15	135 cm					
15:15	15:30	135 cm					
15:30	15:45	135 cm					
15:45	16:00	135 cm					
16:00	16:15	135 cm					
16:15	16:30	135 cm					
16:30	16:45	135 cm					
16:45	17:00	135 cm					
17:00	17:15	135 cm					
17:15	17:30	135 cm					
17:30	17:45	135 cm					
17:45	18:00	135 cm					

LEGENDE:

zwarte banen = bezet
witte banen = vrij
gekleurde banen = activiteit