

BANENPLANNING SPORTOASE																																																	
BEGIN - EIND		MAANDAG 21/09/2026					BEGIN - EIND		DINSdag 22/09/2026					BEGIN - EIND		WOENSDAG 23/09/2026					BEGIN - EIND		DONDERDAG 24/09/2026					BEGIN - EIND		VRIJDAG 25/09/2026					BEGIN - EIND		ZATERDAG 26/09/2026					BEGIN - EIND		ZONDAG 27/09/2026					
		BODEM	1	2	3	4			5	BODEM	1	2	3			4	5	BODEM	1	2			3	4	5	BODEM	1			2	3	4	5	BODEM			1	2	3	4	5			BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm							
8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm							
8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm							
8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm							
9:00	9:15	123 cm						9:00	9:15	75 cm						9:00	9:15	75 cm						9:00	9:15	135 cm						9:00	9:15	135 cm						9:00	9:15	135 cm							
9:15	9:30	123 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	123 cm						9:15	9:30	135 cm						9:15	9:30	2 m							
9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	123 cm						9:30	9:45	135 cm						9:30	9:45	2 m							
9:45	10:00	123 cm						9:45	10:00	75 cm						9:45	10:00	75 cm						9:45	10:00	123 cm						9:45	10:00	135 cm						9:45	10:00	2 m							
10:00	10:15	123 cm						10:00	10:15	75 cm						10:00	10:15	75 cm						10:00	10:15	135 cm						10:00	10:15	135 cm						10:00	10:15	2 m							
10:15	10:30	123 cm						10:15	10:30	75 cm						10:15	10:30	75 cm						10:15	10:30	135 cm						10:15	10:30	135 cm						10:15	10:30	2 m							
10:30	10:45	123 cm						10:30	10:45	75 cm						10:30	10:45	135 cm						10:30	10:45	135 cm						10:30	10:45	135 cm						10:30	10:45	2 m							
10:45	11:00	123 cm						10:45	11:00	75 cm						10:45	11:00	135 cm						10:45	11:00	135 cm						10:45	11:00	135 cm						10:45	11:00	2 m							
11:00	11:15	123 cm						11:00	11:15	75 cm						11:00	11:15	135 cm						11:00	11:15	135 cm						11:00	11:15	135 cm						11:00	11:15	2 m							
11:15	11:30	123 cm						11:15	11:30	75 cm						11:15	11:30	135 cm						11:15	11:30	135 cm						11:15	11:30	135 cm						11:15	11:30	135 cm							
11:30	11:45	135 cm						11:30	11:45	75 cm						11:30	11:45	135 cm						11:30	11:45	135 cm						11:30	11:45	135 cm						11:30	11:45	135 cm							
11:45	12:00	135 cm						11:45	12:00	75 cm						11:45	12:00	135 cm						11:45	12:00	135 cm						11:45	12:00	135 cm						11:45	12:00	135 cm							
12:00	12:15	135 cm						12:00	12:15	120 cm						12:00	12:15	135 cm						12:00	12:15	135 cm						12:00	12:15	135 cm						12:00	12:15	135 cm							
12:15	12:30	135 cm						12:15	12:30	120 cm						12:15	12:30	135 cm						12:15	12:30	135 cm						12:15	12:30	135 cm						12:15	12:30	135 cm							
12:30	12:45	135 cm						12:30	12:45	120 cm						12:30	12:45	135 cm						12:30	12:45	125 cm						12:30	12:45	135 cm						12:30	12:45	135 cm							
12:45	13:00	135 cm						12:45	13:00	120 cm						12:45	13:00	135 cm						12:45	13:00	125 cm						12:45	13:00	135 cm						12:45	13:00	135 cm							
13:00	13:15	75 cm						13:00	13:15	120 cm						13:00	13:15	135 cm						13:00	13:15	135 cm						13:00	13:15	135 cm						13:00	13:15	135 cm							
13:15	13:30	75 cm						13:15	13:30	120 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm						13:15	13:30	135 cm							
13:30	13:45	75 cm						13:30	13:45	75 cm						13:30	13:45	135 cm						13:30	13:45	135 cm						13:30	13:45	135 cm						13:30	13:45	135 cm							
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BANENPLANNING SPORTOASE																																																			
BEGIN - EIND		MAANDAG 28/09/2026					BEGIN - EIND		DINSdag 29/09/2026					BEGIN - EIND		WOENSDAG 30/09/2026					BEGIN - EIND		DONDERDAG 01/10/2026					BEGIN - EIND		VRIJDAG 02/10/2026					BEGIN - EIND		ZATERDAG 03/10/2026					BEGIN - EIND		ZONDAG 04/10/2026							
		BODEM	1	2	3	4			5	BODEM	1	2	3			4	5	BODEM	1	2			3	4	5	BODEM	1			2	3	4	5	BODEM			1	2	3	4	5			BODEM	1	2	3	4	5		
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm							8:00	8:15	123 cm							8:00	8:15	135 cm															
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9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm							9:30	9:45	123 cm							9:30	9:45	65 cm							9:30	9:45	2 m						
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10:00	10:15	123 cm						10:00	10:15	75 cm						10:00	10:15	135 cm							10:00	10:15	125 cm							10:00	10:15	65 cm							10:00	10:15	2 m						
10:15	10:30	123 cm						10:15	10:30	75 cm						10:15	10:30	135 cm							10:15	10:30	125 cm							10:15	10:30	65 cm							10:15	10:30	2 m						
10:30	10:45	123 cm						10:30	10:45	75 cm						10:30	10:45	135 cm							10:30	10:45	125 cm							10:30	10:45	65 cm							10:30	10:45	2 m						
10:45	11:00	123 cm						10:45	11:00	75 cm						10:45	11:00	135 cm							10:45	11:00	125 cm							10:45	11:00	65 cm							10:45	11:00	2 m						
11:00	11:15	123 cm						11:00	11:15	75 cm						11:00	11:15	135 cm							11:00	11:15	125 cm							11:00	11:15	65 cm							11:00	11:15	135 cm						
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12:00	12:15	135 cm						12:00	12:15	120 cm						12:00	12:15	135 cm							12:00	12:15	125 cm							12:00	12:15	95 cm							12:00	12:15	135 cm						
12:15	12:30	135 cm						12:15	12:30	120 cm						12:15	12:30	135 cm							12:15	12:30	125 cm							12:15	12:30	95 cm							12:15	12:30	135 cm						
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12:45	13:00	135 cm						12:45	13:00	120 cm						12:45	13:00	135 cm							12:45	13:00	125 cm							12:45	13:00	95 cm							12:45	13:00	135 cm						
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14:15	14:30	135 cm						14:15	14:30	75 cm						14:15	14:30	65 cm							14:15	14:30	135 cm							14:15	14:30	135 cm							14:15	14:30	135 cm						
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BANENPLANNING SPORTOASE																																																
BEGIN - EIND		MAANDAG 05/10/2026					BEGIN - EIND		DINSdag 06/10/2026					BEGIN - EIND		WOENSDAG 07/10/2026					BEGIN - EIND		DONDERDAG 08/10/2026					BEGIN - EIND		VRIJDAG 09/10/2026					BEGIN - EIND		ZATERDAG 10/10/2026					BEGIN - EIND		ZONDAG 11/10/2026				
		BODEM	1	2	3	4			5	BODEM	1	2	3			4	5	BODEM	1	2			3	4	5	BODEM	1			2	3	4	5	BODEM			1	2	3	4	5			BODEM	1	2	3	4
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						
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8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						8:30	8:45	123 cm						8:30	8:45	135 cm						8:30	8:45	135 cm						
8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						8:45	9:00	123 cm						8:45	9:00	135 cm						8:45	9:00	135 cm						
9:00	9:15	123 cm						9:00	9:15	75 cm						9:00	9:15	75 cm						9:00	9:15	123 cm						9:00	9:15	55 cm						9:00	9:15	135 cm						
9:15	9:30	123 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	123 cm	AQUASEN IOR					9:15	9:30	55 cm						9:15	9:30	135 cm						
9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	123 cm						9:30	9:45	65 cm						9:30	9:45	135 cm						
9:45	10:00	123 cm						9:45	10:00	75 cm						9:45	10:00	135 cm						9:45	10:00	123 cm						9:45	10:00	65 cm						9:45	10:00	135 cm						
10:00	10:15	123 cm						10:00	10:15	75 cm						10:00	10:15	135 cm						10:00	10:15	125 cm						10:00	10:15	65 cm						10:00	10:15	135 cm						
10:15	10:30	123 cm						10:15	10:30	75 cm						10:15	10:30	135 cm						10:15	10:30	125 cm						10:15	10:30	65 cm						10:15	10:30	135 cm						
10:30	10:45	123 cm						10:30	10:45	75 cm						10:30	10:45	135 cm						10:30	10:45	125 cm						10:30	10:45	65 cm						10:30	10:45	135 cm						
10:45	11:00	123 cm						10:45	11:00	75 cm						10:45	11:00	135 cm						10:45	11:00	125 cm						10:45	11:00	65 cm						10:45	11:00	135 cm						
11:00	11:15	123 cm	AQUASEN IOR					11:00	11:15	75 cm						11:00	11:15	135 cm						11:00	11:15	125 cm						11:00	11:15	65 cm						11:00	11:15	135 cm						
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12:00	12:15	135 cm						12:00	12:15	120 cm						12:00	12:15	135 cm						12:00	12:15	125 cm						12:00	12:15	95 cm						12:00	12:15	135 cm						
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14:00	14:15	135 cm						14:00	14:15	75 cm						14:00	14:15	65 cm						14:00	14:15	135 cm						14:00	14:15	135 cm						14:00	14:15	135 cm						
14:15	14:30	135 cm						14:15	14:30	75 cm						14:15	14:30	65 cm						14:15	14:30	135 cm						14:15	14:30	135 cm						14:15	14:30	135 cm						
14:30	14:45	135 cm						14:30	14:45	135 cm						14:30	14:45	65 cm						14:30	14:45	125 cm																						

BANENPLANNING SPORTOASE																																																	
BEGIN - EIND		MAANDAG 12/10/2026					BEGIN - EIND		DINSdag 13/10/2026					BEGIN - EIND		WOENSDAG 14/10/2026					BEGIN - EIND		DONDERDAG 15/10/2026					BEGIN - EIND		VRIJDAG 16/10/2026					BEGIN - EIND		ZATERDAG 17/10/2026					BEGIN - EIND		ZONDAG 18/10/2026					
		BODEM	1	2	3	4			5	BODEM	1	2	3			4	5	BODEM	1	2			3	4	5	BODEM	1			2	3	4	5	BODEM			1	2	3	4	5			BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm							
8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm						8:15	8:30	123 cm						8:15	8:30	135 cm						8:15	8:30	135 cm							
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9:00	9:15	123 cm						9:00	9:15	75 cm						9:00	9:15	75 cm						9:00	9:15	123 cm						9:00	9:15	55 cm						9:00	9:15	135 cm							
9:15	9:30	123 cm						9:15	9:30	75 cm						9:15	9:30	75 cm						9:15	9:30	123 cm	AQUASEN IOR					9:15	9:30	55 cm						9:15	9:30	135 cm							
9:30	9:45	123 cm						9:30	9:45	75 cm						9:30	9:45	75 cm						9:30	9:45	123 cm	AQUASEN IOR					9:30	9:45	65 cm						9:30	9:45	135 cm							
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10:45	11:00	123 cm						10:45	11:00	75 cm						10:45	11:00	135 cm						10:45	11:00	125 cm						10:45	11:00	65 cm						10:45	11:00	135 cm							
11:00	11:15	123 cm	AQUASEN IOR					11:00	11:15	75 cm						11:00	11:15	135 cm						11:00	11:15	125 cm						11:00	11:15	65 cm						11:00	11:15	135 cm							
11:15	11:30	123 cm	AQUASEN IOR					11:15	11:30	75 cm						11:15	11:30	135 cm						11:15	11:30	125 cm						11:15	11:30	75 cm						11:15	11:30	135 cm							
11:30	11:45	135 cm						11:30	11:45	75 cm						11:30	11:45	135 cm						11:30	11:45	125 cm						11:30	11:45	75 cm						11:30	11:45	135 cm							
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		BODEM	1	2	3	4			5	BODEM	1	2	3			4	5	BODEM	1	2			3	4	5	BODEM	1			2	3	4	5	BODEM			1	2	3	4	5			BODEM	1	2	3	4	5		
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BANENPLANNING SPORTOASE

MAANDAG 26/10/2026							DINSdag 27/10/2026							WOENSDAG 28/10/2026							DONDERDAG 29/10/2026							VRIJDAG 30/10/2026							ZATERDAG 31/10/2026							ZONDAG 1/11/2026													
BEGIN - EIND		BODEM	1	2	3	4	5	BEGIN - EIND		BODEM	1	2	3	4	5	BEGIN - EIND		BODEM	1	2	3	4	5	BEGIN - EIND		BODEM	1	2	3	4	5	BEGIN - EIND		BODEM	1	2	3	4	5	BEGIN - EIND		BODEM	1	2	3	4	5	BEGIN - EIND		BODEM	1	2	3	4	5
8:00	8:15	123 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm						8:00	8:15	135 cm					
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