

## Kidslessenrooster vanaf 07/01/2019

|             | Maandag       | Dinsdag | Woensdag      | Donderdag | Vrijdag | Zaterdag                | Zondag |
|-------------|---------------|---------|---------------|-----------|---------|-------------------------|--------|
| 9u00-10u00  |               |         |               |           |         |                         |        |
| 9u30-10u45  |               |         |               |           |         | Multimove (3-4,5-6,7-8) |        |
| 10u00-11u00 |               |         |               |           |         |                         |        |
| 11u00-12u00 |               |         |               |           |         |                         |        |
| 13u00-14u00 |               |         |               |           |         |                         |        |
| 13u30-14u30 |               |         | Youth Fitness |           |         |                         |        |
| 15u00-16u00 |               |         | Little kids   |           |         |                         |        |
| 16u00-17u00 |               |         | kids dance    |           |         |                         |        |
| 17u00-18u00 |               |         | Junior dance  |           |         | Youth style             |        |
| 18u00-19u00 | Youth Fitness |         | Teen dance    |           |         | Cheerleading            |        |
| 19u30-20u30 |               |         |               |           |         |                         |        |
| 19u30-20u30 |               |         |               |           |         |                         |        |
| 20u30-21u30 |               |         |               |           |         |                         |        |
| 20u15-21u00 |               |         |               |           |         |                         |        |



**Lestype**  
**Locatie**  
**Tarieven**  
**Reserveren & Annuleren**

|               |                 |            |                        |             |
|---------------|-----------------|------------|------------------------|-------------|
| <b>KRACHT</b> | <b>CONDITIE</b> | <b>MIX</b> | <b>BODY &amp; MIND</b> | <b>AQUA</b> |
|---------------|-----------------|------------|------------------------|-------------|

1 = danszaal      2 = cyclingzaal      3 = zwembad      4 = buiten      5 = fitness  
 75 euro voor 10 beurten (4 maanden geldig) of een groepslessenabonnement (zie tarievenfolder fitness).

Via de kiosk, via telefoon op het nummer 012 / 210 100 of online: [www.sportoase.be](http://www.sportoase.be)

Sportoase Eburons Dome

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